



THE MISSISSAUGA FOOD BANK



Who are we? The Mississauga Food Bank

MISSION

Relieving hunger in Mississauga by providing and promoting access to healthy and appropriate food.

VISION

A Mississauga where NO ONE goes hungry.

Who are we? The Mississauga Food Bank



- Central food bank in Mississauga
- Network of over 50 agencies
- Food for almost 5 million meals each year

The Face of Hunger IN MISSISSAUGA





Teresa's Story

Who is hungry?

7.1

- 80% of clients are people of colour vs 62% of Mississauga
- Almost 45% of clients report social assistance as main source of income
- 70% of food bank users pay market rent for their homes
- Average monthly income of a food bank user is \$1,364



Who did we feed this year?



- 24% of all those living in poverty in our city
- 25,800+ neighbours
- 6,800+ first-time users
- Over 30% of food bank clients are single, adult households



September 14 - October 17



This Thanksgiving, be the reason why everyone has access to healthy food.

themississaugafoodbank.org/thanksgiving



GOALS: \$400,000 and 200,000 lbs of food



How You Can Help

Participate in Mayor Crombie's
2021 Thanksgiving Food Drive!

**Join the
Councillor
Challenge**

**Ask your
constituents
to join**

**Host a
fundraiser/
food drive
or make a
gift**

**Promote
the
campaign**

Want to learn more?

Visit our website at:

themississaugafoodbank.org/thanksgiving



/themississaugafoodbank



@themississaugafoodbank



@food_bank



@themississaugafoodbank



/the-mississauga-food-bank



It takes all of us to feed our hungry neighbours.

Together we ensure no one goes
hungry today, but what about
tomorrow?





Thank you!
Any questions?