

City of Mississauga
Corporate Report



<p>Date: May 16, 2023</p> <p>To: Chair and Members of General Committee</p>	<p>Originator's files:</p>
<p>From: Jodi Robillos, Commissioner of Community Services</p>	<p>Meeting date: June 7, 2023</p>

Subject

A Funding Agreement between Ontario Health and the City of Mississauga for the Provision of Health Services for Next Step to Active Living Program

Recommendation

1. That the Commissioner of Community Services or their designate, be authorized to negotiate and execute on behalf of the Corporation of the City of Mississauga, Multi-Sector Service Accountability Agreements ("MSAA") with the Ontario Health or its successor agencies, including any renewals, extensions, amendments, and all necessary agreements and documents ancillary thereto, include declarations of compliance, as may be required for MSAA's, in a form satisfactory to Legal Services.
2. That all necessary by-law(s) be enacted.

Executive Summary

- The Province of Ontario's Next Steps to Active Living (NSTAL) Program, provides fitness and physical activity programs to people with disabilities.
- The City of Mississauga's current agreement with the Program's predecessor planner and funder, the Mississauga-Halton Local Health Integration Network (LHIN), expired March 31, 2023.
- To continue operating and receiving funding for the NSTAL program, the City is in the process of entering into a new agreement with Ontario Health, the Province's agency established to plan and fund the Program.
- Council authority is required to sign this new agreement and future agreements with the Province.

Background

The NSTAL Program has been operating successfully at South Common Community Centre and Huron Park Recreation Centre for 18 years. The Program provides approximately 80 participants living with an acquired disability access to physical activity and fitness in order to help them retain independence in their daily living and achieve optimal health.

NSTAL is one of the Recreation Division's Therapeutic Programs and is popular with a growing number of older adult residents who experience complex physical challenges, previously with oversight by the Local Health Integration Network (LHIN).

On April 21, 2021, the health system planning and funding functions from the Local Health Integration Networks (LHINs), transferred into Ontario Health, a new non-share capital corporation incorporated by the Province under the *Connecting Care Act, 2019, S.O. 2019, c 5, Sch 1*. LHIN's began operating under a new business name, Home and Community Care Support Services (HCCSS), to reflect a focused service delivery mandate.

NSTAL operates 4 days per week and its staff work with many community agencies for referrals including Home and Community Care Support Services, Trillium Health Partners and GTA Stroke Network. The Program is funded by an annual grant of approximately \$268,000 from the Province along with user fees of approximately \$28,000. Grant funding and user fees offset the cost of staff, supplies and facility use for the Program.

A condition of funding is the successful completion of program accreditation. In April 2023, the program received renewal for a three-year accreditation status from the Commission on Accreditation of Rehabilitation Facilities International (CARF).

Comments

The Local Health Systems Integration Act, 2006 requires that all health service providers including municipalities that receive funding from Ontario Health shall enter into a Multi-Sector Service Accountability Agreement (MSAA) with their respective HCCSS (previously LHIN). The City of Mississauga entered into the first MSAA with the Mississauga-Halton LHIN in 2011 and the current agreement expired March 31, 2022.

Staff have successfully negotiated a new 3-year agreement with Ontario Health, attached as Appendix 1. The terms of the agreement require the submission of documents and reports as well as ancillary agreements. Delegated authority will allow Recreation to submit reports in a timely manner.

Financial Impact

There is no financial impact associated with this report. Costs associated with the delivery of the program are fully recovered through the Ontario Health Network, previously called the LHIN, grant and participant user fees.

Conclusion

The Next Step to Active Living Program is identified by participants as a program that changes lives. All participants have an acquired physical disability and must learn how to become independent and transition into the community. The MSSA ensures the City receives the funding necessary to continue the delivery of this important community program.

Attachments

Appendix 1: Draft Multi-Sector Accountability Agreement (2023-2024)



Jodi Robillos, Commissioner of Community Services

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