

Food Banks Mississauga



7.1

**FOOD
BANKS**
MISSISSAUGA



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Mission

We lead our agency network to realize a **food-secure** Mississauga by providing and promoting access to healthy and appropriate food.

Vision

A Mississauga where everyone is food secure.



What is a food-secure Mississauga?

A Mississauga where all people, at all times, have *physical* and *economic* access to *sufficient, safe, and nutritious* food that meets their dietary needs and food preferences for a full and healthy life.



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ANNUAL
IMPACT
REPORT
2023

Who is facing food insecurity in Mississauga?

- Half of our clients were first-time food bank users - more than double last year
- 1 out of every 4 food bank users receive income support through ODSP
- 12% of food bank users this year were Ukrainian
- Over 70% of food bank users pay market rent for their homes – only 8% access subsidized housing

Keeping up with demand this year

35,538

Unique Food
Bank Users 

**5% of Mississauga's
population uses
the food bank**

235,750

Unique
Food Bank
Visits 

Pounds of food distributed

 **5.9M+**

Celine's Story

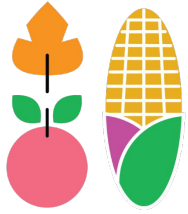


“

We don't know what will happen in the future. Me, you, anyone else. We don't know. And I didn't expect this situation in my life.

- Celine*, Food Bank User

*name changed to protect privacy



**MAYOR'S CITY-WIDE
THANKSGIVING DRIVE**



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September 11th - October 15th

**This Thanksgiving, be the reason why
everyone has access to healthy food.**

foodbanksmississauga.ca/thanksgiving





MAYOR'S CITY-WIDE
THANKSGIVING DRIVE

GOAL: \$1,000,000

Thanksgiving's highest goal EVER!

How you can help



**Participate in the
Councillor Challenge
(Angel Award)**

Make a personal gift

**Promote the campaign & ask
your constituents to join**

Connect with us

Visit our website at:
foodbanksmississauga.ca/thanksgiving

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Thank you for being
our partner as we work
**together towards
food security**