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| Ice Skating Intermediate Skating |
| Ice Skating Junior Levels 1-8 10:1 |
| Ice Skating Power 6-9 yrs |
| Ice Skating Power 10-13 yrs |
| Ice Skating Power 14-17 yrs |
| Ice Skating 13-17 yrs |
| SKATING & HOCKEY E |
| Hockey Conditioning Clinic |
| Hockey Goalie Training |
| Hockey Shooting Training |
| Hockey Shooting Training For Men |
| Hockey Shooting Training For Women |
| SKATING & HOCKEY F |
| Ice Skating 3-5 yrs with Adult |
| SKATING & HOCKEY G |
| Ice Skating Adapted 13+ yrs |
| Ice Skating Adapted 6-12 yrs |
| Ice Skating Junior Levels 1-8 4:1 |
| Ice Skating 4:1 Ages 4-5 yrs |
| SKATING & HOCKEY H |
| Ice Skating Private Lessons 6+ yrs |
| SENIORS' CENTRE |
| General Fitness |
| MSC Drum Fitness |
| MSC Fit, Balance and Strength Level 1 |
| MSC Fit, Balance and Strength Level 2 |
| MSC Full Functional Workout for Older Adults |
| MSC Keep Fit for Bones Level 1 |
| MSC Keep Fit for Bones Level 2 |
| MSC OsteoFIT for Older Adults |
| MSC Pilates Gold |
| MSC Sit Fit |
| MSC Skip Fit For Older Adults |
| MSC Stretch & Strengthen Level 1 |
| MSC Stretch & Strengthen Level 2 |
| MSC Tai Chi for Older Adults |
| MSC Weight Training/Fit Class for Older Adults |
| MSC Yoga in a Chair |
| MSC Yoga |
| MSC Zumba Gold |
| Instructional Dance |
| MSC Happy Tappers |
| MSC Happy Tappers - Intermediate /Advanced |
| MSC Line Dancing |
| MSC Square Dancing |
| Computers, Tech Time, iPads |
| MSC Computers - iPad |