

Wednesday November 23rd, 2023

ABOUT ME

- Chef Reem Ahmed moved from Egypt to Canada in 2008 to pursue a degree and career as a Biomedical Engineer.
- She held a job as a research assistant in medical imaging for Toronto's Sick Kids hospital while studying in university. She worked alongside a group of outstanding engineers to create a device that assisted patients suffering from dementia.
- Today, Chef Reem runs a successful virtual cooking class business and appears on national TV including, on CTV The Social, CP24 Breakfast, Cooking segment on City TV Breakfast Television, CBC, and BBC Arabic.
- Her bucket list includes the opening of her own authentic Egyptian restaurant as well as have her own cooking show on TV.
- Chef Reem's ultimate goal is to inspire, motivate, and show all women, especially mothers suffering from postpartum depression and anxiety, that anything can be achieved if you set your mind to it, regardless of race or religion!





SINCE OCTOBER 7TH, 2023

- 5000+ children dead
- More than half of surviving children have one or zero parents left
- Over 500 children in hospitals with no identification or living family members



SINCE OCTOBER 7TH, 2023

- Half of Gazas residential homes have been fully destroyed
- 2500+ at least under the rubble
- More than 250,000 TONNES of bombs have been dropped on Gaza
- Every single human rights across the world has called for an end to the siege on Gaza
- Canadian politicians largely remain "mum" and refuse to utter the words "Ceasefire"
- This is a war on children, the elderly, and women



FOR SOME CONTEXT

If Gaza were in Toronto, then:



I URGE YOU TO:

- Acknowledge the profound humanitarian cost of the siege on Gaza
- Provide support for your Palestinian constitutents who are in deep suffering right now
- Provide adequate support and security to Muslim and Jewish places of worship, community centres, and schools
- CALL FOR A CEASEFIREW!
- We must not be complicit in this genocide, only to ask for apologies and forgiveness in 100 years. WE MUST DO BETTER, NOW!

