

Mississauga School Walking Routes Program: 2023-2024 Year in Review

Presentation to Mississauga Cycling Advisory Committee
June 11 2024





**Mississauga School
Walking Routes Program**
Let's Walk and Roll to School!

All Mississauga Students

Students at All
Program Schools

Students at Current
Program Schools



Mississauga School Walking Routes Program

Let's Walk and Roll to School!

Supports & Resources for your School

Current Program Schools

1



Launch Event

We'll kick off your program with a **celebration** of walking and rolling to school! Your school will receive T-shirts for staff and student volunteers, plus giveaways for students.

2



School Routes

We'll review/install signed walking routes to your school. This involves:

- A short Travel Survey for families
- A Safety Audit Walk to identify possible improvements the City can make to the local streetscape.

Bonus: We'll also create a **custom map** of your School Walking Routes to share with your school community.

3



Promote Active Travel

We'll lead activities at your school and in your community to help get students and families excited about walking and rolling. **Choose 2 activities** plus promo items for giveaways!



Current Program Schools

Step 1: Choose your Activities (Pick 2)

☐ Option 1: Community Walk

We will lead a fun and educational walk through your school neighbourhood inviting families to look for interesting things along the way. (All ages)



☐ Option 2: School Walking Challenge

We will provide stamp cards, [resources](#) and fun ideas for your school to have a contest to promote walking/rolling to school or the bus stop. (Grades 1-8)



☐ Option 3: Bike Safety Workshop

We will lead an interactive workshop for students about bike maintenance and how to be safe and have fun when riding your bike (Grades 3-6)



☐ Option 4: Bike Skills and Drills Circuit

We will lead a half-day event during school hours to teach and practice basic cycling skills to students, such as balance, hand signals, and helmet safety. (Grades 3-6)



☐ Option 5: Information Booth or Presentation

We will attend a meeting or event at your school to talk to parents and families about the benefits of active school travel. Your choice of virtual or in-person. (Target audience is caregivers/parents)



Step 2: Choose your Promo Items

We will put together a package of giveaway materials to help you promote active school travel beyond the activities provided through this program, to help you keep it going!

Current Program Schools

- Up to 8 schools/year
- Fall cohort 2023/2024:
 - Castlebridge PS
 - Champlain Trail PS
 - St. Gerard CES
 - Springfield PS (withdrawn)
- Winter cohort 2023/2024:
 - Clifton PS
 - St. Bernard of Clairvaux CES
 - McKinnon PS
 - Cooksville Creek PS



- For selecting repeat and new schools, we are prioritizing schools in higher needs neighbourhoods and aiming for distribution across City wards



All Program Schools

- Email reminders to School Walking Routes Program Schools about upcoming events and campaigns
- 2-3 editions of our program newsletter each school year



Mississauga School Walking Routes Program

Let's Walk and Roll to School!

7.1

Spring/Summer Events

Spring is here and so are the exciting events! Here's how to get involved...

Kick start this biking season with BikeFest

Come join us for BikeFest on May 11, 2024 at Celebration Square from 10:00 a.m. to 4:00 p.m. Visit mississauga.ca/bikefest



Want to explore Mississauga on your bike? Join a Community Ride!

Join our [Community Rides](#) to meet your neighbours while building cycling confidence. These rides are family-friendly, FREE, and open to all!

Upcoming Community Rides

- ▶ Saturday, May 25 - [Tour de Carasauga](#)
- Saturday, June 1 - [Streetsville](#)
- Saturday, June 8 - [Bike the Creek](#)
- Saturday, June 15 - [Malton](#)
- Saturday, June 29 - [Meadowvale](#)

FULL LIST OF CYCLING PROGRAMS AT: mississauga.ca/cycling

Bike to School Week

This year, Peel Region is celebrating Bike Month from May 27- June 28. Check out the [Bike Month website](#) for active transportation resources, and the [Walk and Roll website](#) for safe cycling tips. Teachers and educators, register your school for Bike to School Week 2024 and gain access to resources which will help your school celebrate cycling. Hurry, registration closes May 10th!



Helmet Safety: Does Your Helmet Fit Properly?

Follow the 2-V-1 rule

- 1: 2 fingers between your eyebrow and your helmet.
- 2: The straps should form a "V" around your ears.
- 3: 1 finger should fit between the strap and your chin.



The "2-V-1" rule for helmet fitting.

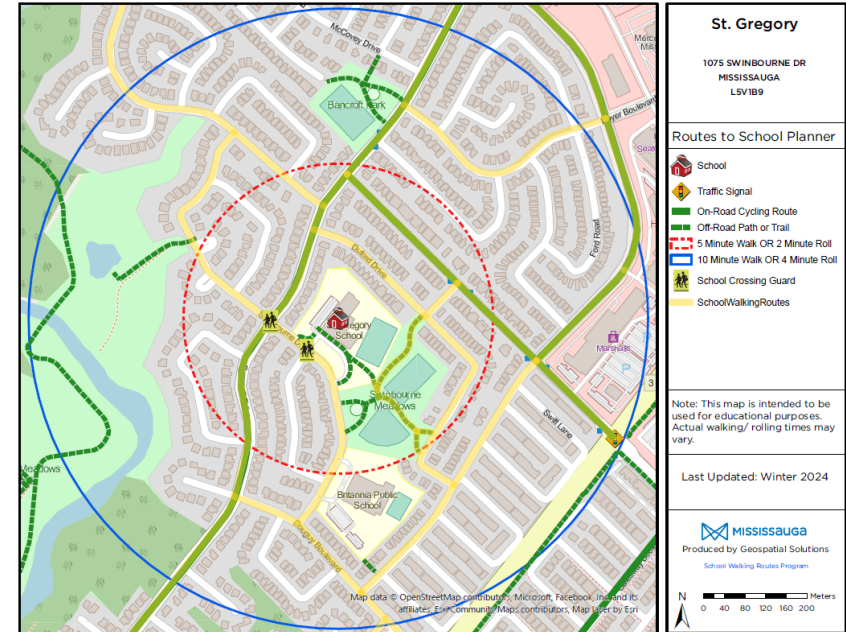
2: You should be able to fit 2 fingers between your child's eyebrow and their helmet.

V: The straps should form "Vs" around your child's ears

1: You should be able to fit no more than 1 (or 2) fingers between the strap and your child's chin

All Program Schools

- Updated School Walking Routes maps shared annually, and available at Mississauga.ca/schoolroutes



All Program Schools

Additional supports for schools, on request, including:

- Giveaway materials to support ongoing promotions by schools
- Programming supports



All Mississauga Students



Peel Region School Travel Planning Program

- Offered to all schools across Mississauga and Peel Region
- Public health nurses offer additional supports to our School Walking Routes Program schools, plus provide support to keep efforts going over time
- School bike rack program



All Mississauga Students

Free Cycling Programming

- Bike Fest: Saturday May 11
- Free Family-friendly Community Rides on weekends throughout the spring/summer/fall
- Free Bike Safety Workshops at libraries



What's next

- Continuing to adapt our program offerings to meet the needs of schools
 - Partnerships



What's next

- Refining our process for school selection
 - Infrastructure needs vs teacher champions



What's next

- Coordinating with Regional STP program to provide supports over the long term



What's next

- Working with other partners to promote active school travel collectively (e.g., Peel Safe and Active Routes to School Committee)

Peel Safe and Active Routes to School



Who we are:

The Peel Safe and Active Routes to School Committee, or PSARTS, is comprised of representatives from a range of public and not-for-profit organizations in the Region of Peel whose mandates include student health, well-being, and safety.

PSARTS Vision:

A safe environment where the majority of Peel Children and youth regularly use active and sustainable school transportation (ASST) to and from school, including travel by school bus and public transportation.

Thank You!

Laura Zeglen

Active Transportation
Coordinator

City of Mississauga

Laura.Zeglen@mississauga.ca

