

Food Banks Mississauga

September 18, 2024 Deputation





Mission

We lead our agency network to realize a food-secure Mississauga by providing and promoting access to healthy and appropriate food.

Vision

A Mississauga where everyone is food secure.

What is a food-secure Mississauga?

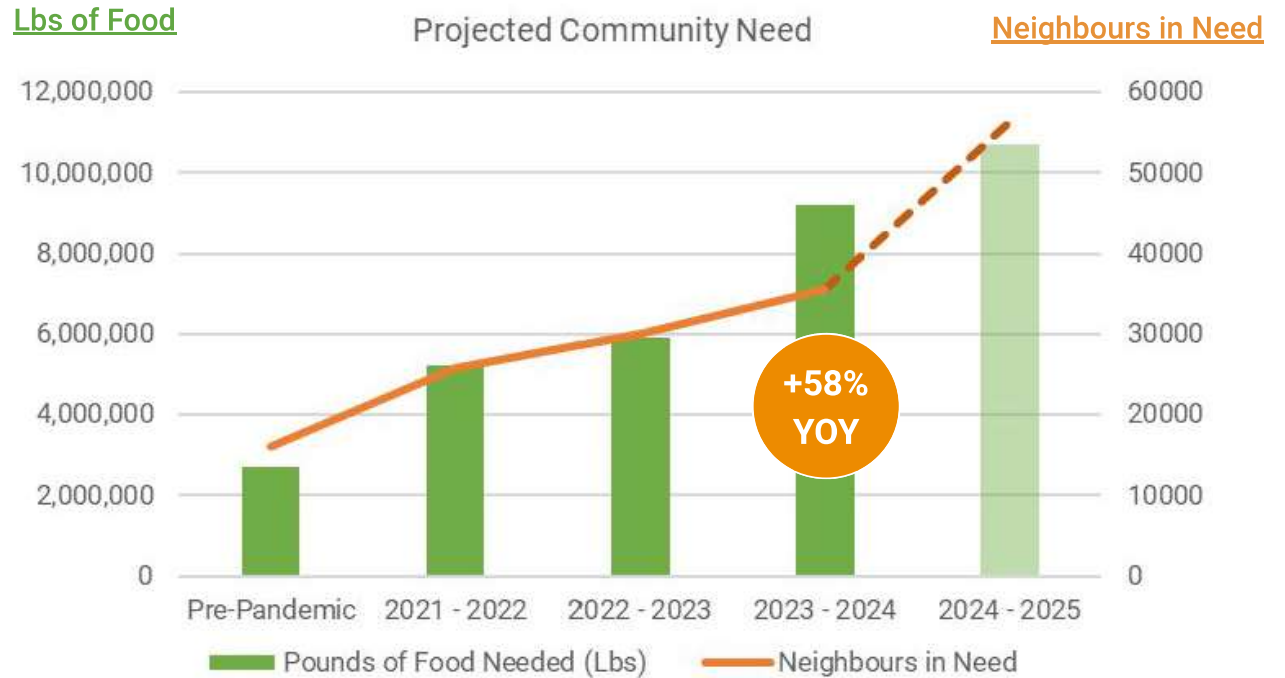
A Mississauga where all people, at all times, have *physical* and *economic* access to *sufficient, safe, and nutritious* food that meets their dietary needs and food preferences for a full and healthy life.



Who is facing food insecurity in Mississauga?

Food to 56,267 neighbours - 58% more than last year

1 in 13 residents of Mississauga now use a food bank



8%+ of Mississauga's population now uses the food bank network



Why is this a crisis?

- Lack of provincial or federal funding for food banks or for those facing food insecurity
- Stark increase in food bank use
- Shortfalls in fundraising
 - 2% revenue increase vs 58% food bank usage increase

\$16,947

Average annual income
for a food bank visitor

\$16,297

Annual cost of groceries
for a family of four

By 2027, we estimate **over 100,000** Mississauga residents will rely on food banks, almost double our current numbers.

To meet this demand, we will need to distribute **over 16 million pounds** of food, a 91% increase over current volumes.

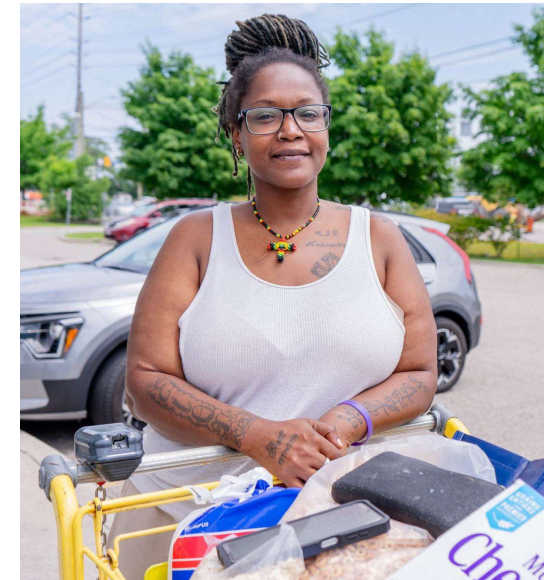
Why is this a crisis?

- 15,754 food bank visitors are children (28%), up 42% over last year
- 21,000 were first-time food bank users, up 20% over last year
- 1 out of every 3 receive income support through ODSP or OW

“Well, the biggest struggle right now is providing...taking care of children. It's the rent, it's the groceries, and everything just goes up every time you look. Everything goes up...

But I'm not going to be ashamed, because at the end of the day, this is helping me feed my children. It's helping me feed myself. And the most struggle is just trying to make sure these kids are comfortable and healthy. That's the hardest thing as a single mother.”

*- Michelle**



**name has been changed to maintain confidentiality*



THANKSGIVING
DRIVE

September 9 - October 21

GOAL: \$800,000

foodbanksmississauga.ca/thanksgiving

Show your gratitude by giving back!



How you can help



Raise awareness of food insecurity in Mississauga

Make a personal gift

Warm introductions to community leaders & potential Hunger Warrior ambassadors





**Together
for food security.**