

HOSPICE
MISSISSAUGA



Building Compassion

The Campaign for Mississauga's First Hospice Centre

Our Vision

To lead, provide, partner and inspire excellent hospice palliative care in our community

Our Mission

To provide compassion, support and advocacy that lessens the distress of serious illness and loss to individuals, families and the community

Our Values

*Integrity — Caring — Honesty
Responsibility — Mutual Respect — Accountability
Sincerity — Compassion*

Our Strategic Pillars

Facilitating the Dialogue

Promoting opportunities for discussion and public awareness about living well with illness, dying, death, grief and loss

Achieving Excellence

Continuing our journey as a Centre of Excellence in care through an ongoing commitment to quality improvement, evidence-based practice, and responsible resource utilization.

Embracing Growth

Adding and enhancing services and resources to support access in the community.

Developing a Compassionate Community

Supporting individuals, families, and the community through the phases of living and dying.

Investing in People & Partnerships

Fostering a culture that inspires volunteers and staff to be the best they can be and to partner with other system providers to ensure the best possible experience for persons served.

Choice and Compassion.

Where would you spend your final days?

If you're like most Canadians, you would prefer to pass away at home in comfortable, familiar surroundings with your loved ones by your side.

But say you are at home, and your condition worsens. What are your choices?

Your loved ones now become your round-the-clock caregivers, barely having time to sit with you or even hold your hand. They are not health care professionals, so eventually they have no choice but to bring you to the hospital — the last place any of us wishes to be when we die.

Your Hospice Centre is dedicated to providing *exceptional personalized care that allows individuals to live every remaining moment to its fullest* with their loved ones by their side knowing they are supported as well.

Located at 2176 Speakman Drive (QEW/Erin Mills), Mississauga's new Hospice Centre will be 40,000 sq.ft of specialized care spaces and also our administrative centre for our community programs. Twelve specialized care suites are at the core of the new centre including two specialized suites for isolation and bariatric related needs. Dedicated spaces for our day programs; wellness; and counselling programs along with welcoming gathering spaces including living, dining, and reflective spaces for families and loved ones. The Centre will also consist of several meeting spaces and kitchens for food service.



“Joan got to die exactly the way she wanted to. And I just got to be there with her.”

David Butler, former Hospice Mississauga client whose partner Joan passed away in a hospice residence

The Facts Matter

Hospices disproportionately rely on community for support!

- Hospice care is *equitable care* as it is provided at no-charge to the individual or family. This is important as *many clients self-report as being low-income*.
- 70% of those we serve have *cancer* related illness and this is projected to *grow by 120%* by 2030.
- It is the most cost efficient method of providing end of life care and bereavement supports. Hospice care *costs 33% less* than the same care in an acute care setting. *Yet hospices receive just 60% of funding to deliver care*. Relying on donations to cover the gap.
- Even more challenging is that approved hospices receive *just 10% of the capital costs* to build a hospice centre, hospitals receive 90%.
- It is recommended to have 7 hospice beds for every 100,000 people in a community, *we currently have zero*.

Your new Hospice Centre is the first, and significant, step in addressing these needs.

Our Services

Hospice Counselling

Professional Hospice Counsellors provide emotional, psychosocial, and spiritual support. Our counsellors help families navigate complex emotions and offer guidance and tools for coping. We help the dying understand the physical and emotional changes that may occur as death approaches.

Spiritual Care

It involves addressing spiritual and existential questions. It begins with respect and understanding, recognizing that each culture has unique values and beliefs about life's purpose. This care includes exploring meaning, prayer, and rituals. We also provide guidance for funerals and celebrations of life.

Bereavement Support

We offer one-to-one counselling, support groups, a bereavement education series, and workshops. Our counsellors help individuals to process their emotions and feelings. We help them adjust to life without their loved ones and help them work through grief and connect with others who are also grieving.

Social Connections

On a weekly basis, those living with a life-limiting illness can gather, connect and socialize through our Social Connections program. We run activities, have conversations, and select entertainment for participants to create a sense of normalcy for them.

Wellness

Through an interactive and integrative experience, clients and caregivers learn new self-care wellness skills and tips. Complementary therapies promote a sense of peacefulness, comfort and relaxation. They include Gentle Aroma Touch; Reiki; and Therapeutic Touch. We offer workshops, guided meditation, restorative yoga, journaling, music therapy and art therapy. Although our programs are not curative in nature, they can be healing.

Help Us Understand Grief (HUUG)

Like adults, children and youth can experience intense grief. Our HUUG counsellors offer age-appropriate support. We help children find ways to communicate and support one another in their grief and to maintain connections with loved ones who have died. We work in collaboration with school boards to inform and educate administrative staff about end of life care and grief support resources.

24/7 Hospice Palliative Care Helpline

Our helpline provides support, guidance, information, and counselling services. Individuals, families, and health care providers can call the Helpline at any time. Helpline support is delivered by clinical Hospice staff and available 24/7.

Our Impact. By the Numbers.

Hospice Counselling

403 Clients Served

2051 Visits

**Bereavement
& Spiritual Care**

557 Clients Served

1357 Visits

25 groups

405 Attendance

54%

Female clients

46%

Male clients

Wellness

97 Groups

529 Attendance

229

1:1 Bereavement
counselling clients

Caregiver Support

1028 Visits with Caregivers of Hospice Clients

Our Impact. By the Numbers.

61

Average age of
caregivers

Social Connections

22 Participants

41 Session

171 Visits

Help Us Understand Grief (HUUG)

337 referrals

1050 Visits

175

clients over

100

years old
since 2012

114
years old

The oldest client we served

Helpline

212 Calls

5,500+

hours of service



500+

hours of support to our bereavement walking group

50+

Wellness Days for clients

1,100+

hours of in-home support



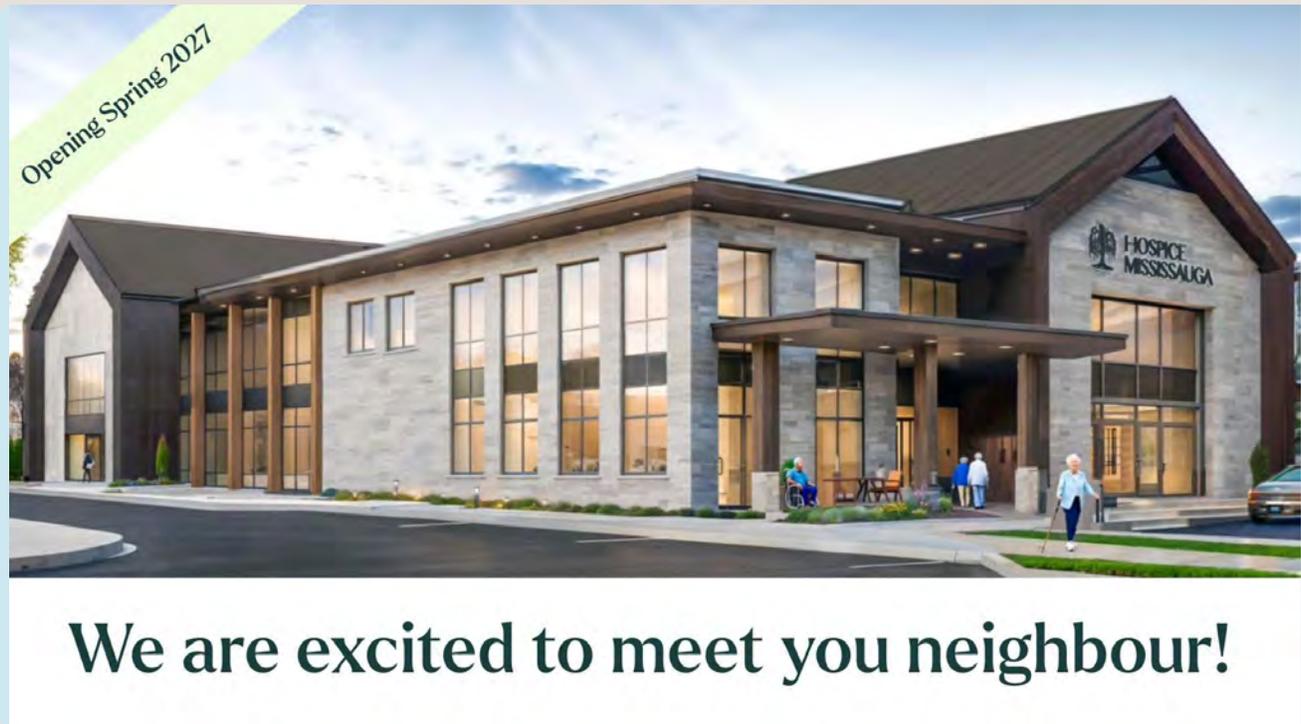
50+

on-line Wellness presentations

1,100+

Wellness Days

Rallying Community



We launched a \$28 million campaign to build the first Hospice Centre in the city. Located at 2176 Speakman Drive within the Sheridan Park Corporate Centre. The new Hospice Centre will add a critical new dimension to our current end-of-life care services and will be able to provide appropriate care for Mississauga’s culturally diverse community.

We have secured \$17.1 million in funding and commitments. The Region of Peel and City of Mississauga have waived development charges. The City has also donated \$1 million in funding to the project and \$3 million contributed from the Ministry of Health.

Community is rallying to our call with leadership donations from The Welton Family, FDC Foundation, Esther and Keith D'Silva, Gerry Beasley, Lakeview Village, The Calderelli Family, Credit Valley Cares, The Rockett Family, Virgil Pires Foundation and many others.

Completing the Care Continuum

Hospice Mississauga’s new 12-bed hospice centre will be co-located with two new long-term care facilities built as part of Partners Community Health’s new Seniors’ Campus of Care – Wellbrook Place.

We have confirmation from the Ministry of Health for full funding for direct client care for the 12 beds in the centre. This funding represents about 60% of the costs of operating and supporting care for the 250-350 projected individuals that will use these specialized care suites over a year.

Hospice Mississauga will be a hub for integrated palliative care teams, build capacity and knowledge across the continuum of Mississauga’s health system, and bring innovative approaches to palliative care and partnerships to long-term care settings. It will support the delivery of more compassionate, culturally aware, human-centred palliative and end-of-life care for our community and the regional health system.



“Before my wife was able to get into hospice, most of my time was spent managing her care. When she got into a hospice residence, I felt a huge weight lift off my shoulders knowing she was getting the care she needed 24/7. I finally got to spend time holding her hand and being her husband again.”

—Anonymous family member

It's What's Inside that Counts

First Floor Layout

The Care Suites area that consists of a Nursing/ Team Station, 12 Care Suites of which two are specialized for Bariatric and Isolation needs, and three special spaces including a Quiet Room, Reflection Room and larger Sun Room for gatherings.



Care Suites and Special Spaces



A welcoming foyer that immediately leads to our Social Connections space for events, special initiatives, client and community gatherings. After passing our Welcome Desk you will see the Living, Dining and Primary Kitchen spaces on your left along with the Library and Family Kitchen. Continuing down the hall you reach the important Palliative Care Clinic, Family Meeting room.

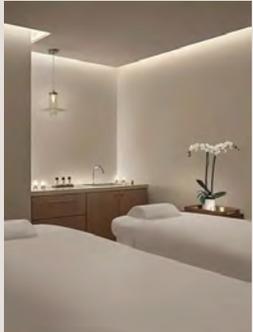


It's What's Inside that Counts

Second Floor Layout

Second Floor is accessible by elevator and stairs and has dedicated spaces for our Children and Youth Program (HUUG), Wellness, and Help Line offices. Volunteers and staff are supported with dedicated spaces that allow focus and collaboration. Several large meeting rooms will allow us to host educational, and other gatherings related to hospice activities or can be made available to community partners and supporters to host meetings.

Administration and Volunteers





“We are so proud to step forward as major donors to the Building Compassion campaign for Hospice Mississauga. This hospice residence will change end-of-life care for all of us and those we love. Please join us in making this possible for everyone in our community.”

—Dan and Madeleine Welton

Join the Campaign

Naming the Centre

\$7.5 million will allow a caring donor to have their name aligned with the new Hospice Centre.

Naming a Space

Opportunities are available for spaces in the centre and the grounds ranging from \$25,000 to \$1.5 million. These include Care Suites, Program Spaces, and Administrative rooms.

Furnish A Room

From a kettle for a warming cup of tea to a soothing fireplace to a comfortable and mobile client bed. There is no shortage of ways to furnish a space to fit any budget.



Let's Continue the Conversation

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To learn more and see the latest updates visit hospicemississauga.ca